

Dorset Health and Wellbeing Board

Dorset County Council



Date of Meeting	13 March 2019
Subject of Report	Update on Sustainability and Transformation Plan (STP), with a focus on Prevention at Scale (PAS)
Report Author Partner Organisation	Dr Jane Horne, Public Health Dorset
Responsible Commissioning body	Many partners on the Health and Wellbeing Board have a role, both within the STP as a whole and for aspects of PAS.
Delivery partner/s	All members of the Health and Wellbeing Board, wider public sector, statutory, independent & third sector organisations, and Dorset people.
Executive Summary	The paper provides a written update to the Board on: <ul style="list-style-type: none"> • Key highlights from across the STP as a whole; • Progress on PAS since the November Board;
Impact Assessment: <i>Please refer to the protocol for writing reports.</i>	Equalities Impact Assessment (EqIA): Some elements of the STP have had an EqIA.
	Locality Impact: How this is delivered within localities is key and progress is included within the paper.
	Budget: The Joint Public Health Board has previously approved approx. £1m non-recurrent funding from savings made from the public health grant for investment into the PAS programme. A further

STP update

	<p>The Joint Health and Wellbeing Board Strategy is the basis for and closely aligned with the delivery of the prevention at scale work.</p>
Recommendation	<p>Members are asked to note the update on STP highlights and highlighted progress on prevention at scale; and to support ongoing work, within the Board and back in their respective organisations and communities.</p>
Reason for Recommendation	<p>Transformation of health and care services in Dorset needs close collaboration between all public service partners. The Health and Wellbeing Board has a key role in this, and has specifically taken on the role of overseeing local delivery of the PAS portfolio. The Board have requested an update on the STP as a whole, with a focus on the delivery of PAS for all future meetings.</p>
Appendices	<p>Appendix 1: Successful Dorset applications through Whole School Approach</p>
Background Papers	<p>‘Our Dorset’ Joint Health and Wellbeing Board Strategy Update on STP and PAS, November Health and Wellbeing Board</p>
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1. PURPOSE OF REPORT

- 1.1 This paper provides a written update to the Board on headline progress across the Dorset Integrated Care System (ICS), and the STP as a whole; feeds back on progress since the last Board; and provides a particular focus on work ongoing in the localities.

2. BACKGROUND

- 2.1 [‘Our Dorset’](#), the local STP published in 2016, set out five key strands of work including Prevention at Scale to support the NHS and local Councils in working together to address three gaps:
- Health and wellbeing gap
 - Care and quality gap
 - Finance and affordability gap
- 2.2 The [Joint Health and Wellbeing Board Strategy](#), adopted in August 2016, outlines three key priorities for the Board (starting, living and ageing well). Developing the STP and the JHWS at the same time meant close alignment on prevention at scale, and the Health and Wellbeing Board oversees local delivery of this portfolio.
- 2.3 The Board receives regular [updates](#) on the STP and progress with prevention at scale plans. At each meeting the Board also has the opportunity for a more in-depth discussion. At the November meeting this focused on work in the Purbeck locality where the meeting was held. As requested at that meeting this report focuses on activity in all the localities and what is being done to support staff health and wellbeing.

3. ICS/STP HIGHLIGHTS

- 3.1 An independently led selection process appointed Debbie Fleming as interim joint Chief Executive of both Poole Hospital and The Royal Bournemouth and Christchurch Hospitals NHS Foundation Trust (RBCH). In addition, the current RBCH Chair, David Moss, was appointed interim joint Chair. This followed support for the joint appointments by both NHS Improvement and the Competitions and Markets Authority.
- 3.2 NHS England published the NHS Long Term Plan on 7 January 2019. Although predominantly focused on the NHS it again highlighted the need for integrated care systems that bring together primary and specialist care, physical and mental health services, and health with social care. The plan also highlighted the key role of Local Authorities working at ‘place’ level, and that ICSs, could support shared decision-making on population health, service redesign and Long Term Plan implementation.

4. PREVENTION AT SCALE

High level progress

- 4.1 In November the Secretary of State for Health and Social Care published 'Prevention is better than Cure'. Together with the Prevention chapter of the NHS Long Term Plan we are using this to take stock of current PAS plans and identify any areas where the system could go further.
- 4.2 Initial discussion highlighted the opportunity to refocus the Ageing Well workstream to focus on 4 key areas:
- Embedding healthy lifestyle support in health and care pathways
 - Take action on prevention as outlined within the NHS Long Term Plan

STP update

- Align and support prevention offer with Population Health Management approach to defined cohort groups
- Align and support prevention offer as part of the new local authorities transformation work

4.3 The Dorset Public Engagement Group discussed Prevention at Scale at their January meeting as part of this stock take. The PEG continued to support the overall PAS portfolio and approach and identified key outcomes for each workstream. They also considered how we can get the scale and reach needed to make a difference. For the Ageing Well workstream the PEG did not like the title, suggesting a number of other ideas, but did support the proposed move to focusing on the 4 key areas as above. This discussion will feed into refreshed plans in support of the new Dorset System Plan (STP2) due for publication in the Autumn.

Starting Well

- 4.4 DCH is rolling out alcohol screening using the Audit-C tool for all pregnant women at their booking appointment from January 2019. The Better Births progress 2 years on was celebrated and shared at two events in February with good attendance from the diversity of partners in the Local Maternity System. The Maternity Matters website went live on the 6th March following extensive testing with partners and patients and this will provide a single point of access pan-Dorset, with essential information and advice from pre-conception to post-natal care and linking to the Dorset Care Record for online booking with midwives. Dorset have also subscribed to “DadPad” providing vital information for dads and non-birthing partners, recognising their needs and the invaluable role they play in positive early attachment.
- 4.5 The Whole School Approach, led by the pan-Dorset Head Teachers Alliance, addresses rising concerns about children and young people’s emotional health and wellbeing through the positive impact of physical activity. 75 schools across Bournemouth, Poole and Dorset submitted 64 applications for funding, ranging from £500 to just over £90,000. The 49 successful applications (see appendix 1 for the 33 successful Dorset County Council schools) clearly demonstrated how they would meet one or more of the project aims, and had robust and credible action plans. They focused on physical activity and wellbeing programmes (21 applications), forest schools or outdoor learning (10), support to integrate Daily Mile (6), curriculum integration and development (5) allotment and outdoor space development (4) and staff and community development (3). Money will be drawn down by the end of 18/19 with review planned at 6 months. Evaluation will consider the impact at school level as well as the key benefits of the process used in developing the approach to funding.
- 4.6 Families and Babies our peer breastfeeding support service has set up 28 support groups and have supported 819 new mums in the last year and Dorset HealthCare’s breastfeeding campaign achieved national recognition.
- 4.7 Currently 28% of children nationally finish reception year at school without the early language skills they need to thrive. Dorset have been selected to take part in the first wave of Best Start in Life national training for Health Visitors to identify Speech, Language and Communication needs at age 2.
- 4.8 Dr Sarah Kay (GP Fellow with Public Health) is working with colleagues at PHE to better understand and identify opportunities to support general practice in reducing the variation in childhood immunisation rates.

STP update

- 4.9 We have rolled out Mental First Aid Training across Bournemouth, Poole and Dorset with remaining schools and Early Help professionals completing the two day accredited course by the end of March 2019.
- 4.10 Kooth online counselling launched in August 2018 and has been a positive addition to emotional health and wellbeing support to children and young people. There has been a really strong engagement plan to ensure as many young people and professionals are aware of the service including school assemblies and partnership events, with 58% of young people reporting hearing about the service from school or teachers. Since the launch there have been 1,030 new registrations, 226 young people have accessed counselling with 358 sessions provided. Anxiety / stress, self-worth, friendships and family relationships are key reasons for accessing the service. 58% of respondents said they came to Kooth because they wanted someone to talk to and 94% would recommend the service to a friend.

Living Well

- 4.11 The two Beat the Streets games finished their 6-week run in November with 10,430 people playing in Poole and Purbeck and 8,501 in Weymouth and Portland and covering 63,731 and 68,184 miles respectively. Initial evaluation suggests a reported 14% and 11% decrease in adult inactivity respectively as a result. There are also partnerships developing as a result of the games e.g. 3 schools in Weymouth have been out in class groups walking in their local area and are linking with local community groups who can provide volunteers to lead walks with the children going forward. It has also generated further interest in the schools to launch the Daily Mile initiative and the children are reflecting positively on the impact of the game on their lives. In Weymouth and Portland, a permanent orienteering course is being planned for the Northe gardens for public use.
- 4.12 LiveWell Dorset have now delivered support to over 20,000 local residents. There is a clear peak in accessing the service in January each year, but we have seen a more sustained rise in the later months of 2018 following the official launch of a range of new digital service offers. Weight continues to be the most common pathway, matching the prevalence of need in the population, however there has been an increase in the physical activity pathway. LiveWell is still effectively engaging people from the most deprived areas, with 26% of contacts from the 20% most deprived communities. quintile. Follow up date at 3 months is fairly robust and shows around 75% reported positive change at 3 months. Change is defined as 5% weight loss, reduction in weekly alcohol units, increase in physical activity, and cessation of smoking. We still need to do more to improve data capture at 6 and 12 months.

Ageing Well

- 4.13 The National Diabetes Prevention Programme has now been launched in all localities. Across Dorset, Bournemouth and Poole 896 people have joined the programme to date, and the first cohort to join will complete in September 2019.
- 4.14 Thirteen of the practices involved in the Collaborative Practice project have now held their Welcome workshops with their Practice Champions. Altogether more than 200 champions are actively involved, with activities including a choir for COPD patients, carer's support groups and art therapy sessions now set up. Practices are also able to connect with existing community activities. These non-clinical offers of support are becoming more embedded in the practices, and the focus is now on the practices working as a Community of Practice and refining the referral process to the champions, patients to refer and more offers that can be provided by the champions.

STP update

- 4.15 Four practices not involved in the current programme have expressed an interest in being involved and PHD are looking at the possibility of a second cohort to go through the programme.
- 4.16 Livewell Dorset are working with Jenny Graves, Respiratory Consultant at DCH and the CCG Medicines Management team to develop a smoking cessation pathway for Dorset as part of the Optimal Lung Pathway project. A 6-month pilot is planned with patients attending one respiratory clinic in each acute trust.

Healthy Places

- 4.17 Healthy Homes have contacted all GP practices and are working with 12 to contact appropriate patients living in housing with poor energy performance. In one large practice this has identified over 1,300 patients where cold could be impacting on their health. Letters will be sent by the practice over the next month to connect patients with Healthy Homes.

Localities

- 4.18 Local areas are a key setting where partners come together from local government, from local communities and neighbourhoods, and from health and care services to deliver integration and better health on the ground for local people.
- 4.19 There are challenges in how we work in local areas because of:
- potential changes within local government as part of Local Government Reform,
 - transformation in how GP services and other health and care services work together as networks in localities,
 - different geographical boundaries for different teams, and
 - the balance between taking a standard approach across all localities and taking account of where different areas are in terms of development and in levels of need.
- 4.20 The section below brings together information from colleagues across the system to highlight the broad range of activities within each locality, with a particular emphasis on how they are responding to increasing the reach of prevention within their population, spreading good practice or responding differently where there are specific local issues, to increase the impact that we are already having. It is not an exhaustive list of prevention within localities.
- 4.21 **Christchurch**
- The Locality Health and Wellbeing group now includes Citizen's Advice Dorset, Dorset Race Equality Council, and the relevant DHC Health Visiting Team lead. The current Christchurch & East Dorset officer lead is handing over to a community development worker who will be working in the new Bournemouth, Christchurch and Poole council.
 - Exploring opportunities to connect to 'Henry' project, which supports parents of children in their early years.
 - Dorset MIND are working with Somerford Youth & Community centre to offer support sessions for parents/carers of young people with mental health needs who are unable to access school-based support
 - Christchurch and East Dorset council have well established Activate sessions – 16 Health walks each week (supported by 35 volunteers) and 4 cycle rides each week (supported by 20 volunteers)
 - Physical activity focused task and finish group set up to explore connections between Active Ageing, Physical Activity Clinical Champion training, Active for Health and LiveWell Dorset

STP update

- Ten receptionists have been trained in care navigation in the last quarter
- Highcliffe surgery Practice Champions are supporting patients in the waiting room and to access online services and are planning carer's support and parent drop in sessions.
- The ADaPT café provides an informal and friendly weekly session for people living with Alzheimer's, dementia, and Parkinson's and their carer's. Support and information is available on practical, legal (e.g. power of attorney) and health issues, with a trained counsellor available on-site. They also offer art & craft activities, working with Red House Museum on their new lottery-funded project 'Still Curious' to improve access to local heritage for this group.

4.22 East Dorset

- The Locality Health and Wellbeing group will be hearing from the East Dorset Transformation Lead about Primary Care Networks & GP contract reform, the lead for the Dorset Youth Health Champions project, and Dorset Race Equality Council.
- The GP locality group has made good connections with the local Better Births work and is developing plans to improve screening and immunisations uptake.
- The Ferndown Community Connectors Pilot led by Prama Life is working with local GP surgeries, frailty/tracker nurses and trained community volunteers to offer 1:1 practical and emotional 'buddy' support to enable people to overcome barriers and re-engage with their community.
- Christchurch and East Dorset council have well established Activate sessions – 16 Health walks each week (supported by 35 volunteers) and 4 cycle rides each week (supported by 20 volunteers)
- Opportunity for further physical activity clinical champion training is being scoped, in particular connecting Active Ageing and work on diabetes transformation.
- West Moors surgery had its first practice champion meeting. Plans are beginning for a leg ulcer club and buddying up to existing community groups.
- In Penny's Hill practice the champions have set up a walking group and support in the waiting room and are also planning a leg ulcer club.
- The Centre, Ferndown is a newly refurbished community centre run by a CIC, focusing initially on emotional wellbeing and 'self-care', supported by the Christchurch & East Dorset officer lead and engaging with local GPs, health visitors, midwives, My Health My Way, Shelter, Citizen's Advice, local food banks, and LiveWell Dorset in planning its offer.

4.23 Purbeck

- The Purbeck Health and Wellbeing locality group are working closely with local stakeholders to encourage more people to get outdoors and improve their health and wellbeing. We have started to plan this year's Purbeck Pledge, which will take place during May. The aim of the pledge is that people will promise (pledge) to either get outdoors and give their wellbeing a boost, or ideally both! We plan to use our combined communications channels to encourage as many as possible to sign up to the pledge. We will build on the work of Beat the Streets and come up with fun ways for to get people out and active, with a particular focus on those who are not currently active. We also plan to monitor and evaluate uptake and impact.
- Input to Purbeck Local Plan consultation to ensure health and wellbeing embedded as a key principle within planning policy.
- Close working with Mental Health Acute Care Pathway review to identify potential suitable site for the Retreat.
- Building better lives – wareham site

4.24 North Dorset

- Exploring pathways to integrate exercise on referral models and LiveWell Dorset connection.

STP update

- Carer support accreditation scheme being piloted.
- Local health workers attended event to understand how universal credit works
- At Whitecliffe surgery the Practice Champions are leading running and Nordic walking groups and are developing plans for a diabetes support group and medication delivery.
- Locality focus on frailty as part of the Population Health Management 20-week programme
- Healthy Homes working with Eagle House Surgery.

4.25 Weymouth and Portland

- Health Visiting Carbon Monoxide pilot to support smoking cessation is taking place connected with Better Births.
- Active Ageing working with workplaces on the Granby to understand potential opportunities.
- Working with (GP) Locality Partnership Board as it develops as a Primary Care Home Network.
- Developing joined up approach around school absence lead by Family Partnership Zone, to be considered at GP meeting in February.
- Locality focus on Chronic Obstructive Pulmonary Disease (COPD) as part of the Population Health Management 20-week programme.
- Developing and utilising Weymouth and Portland Parks and green spaces for activity.
 - develop and promote two permanent orienteering courses (POC) building on enthusiasm from Beat the Streets including a launch event planned for 7th April 2019
 - H&W workforce event on the Granby Industrial estate
 - a Picnic in the Park event / Naturally Healthy May 2019 – including evaluation that supports a Big Lottery bid
 - further supporting the Walk for Health programme - initiative originating from North Dorset so example of scaling up across the county
 - supporting incredible edibles scheme
- Develop a resource of local services/ groups and opportunities to support mental health
 - Developing joined up approach around school absence – initiative originating from Christchurch so example of scaling up across the county
 - Supporting Weymouth college peer mentoring programme
- Wyke Regis surgery have become a collaborative practice and have recruited 15 practice champion volunteers supporting the practice.
- Exploring the best fit with the transformation boards (ICPCS)

4.26 West Dorset

- The Locality Health and Wellbeing group held a deep dive on Starting Well and have now chosen to focus on 16-18-year olds with emotional and mental health wellbeing needs, NEETs and home-schooled groups.
- Good engagement with the Sir John Colfox Academy and the Minerva Learning Trust in Bridport alongside existing structures such as the Family Partnership Zone West Dorset Local Alliance Group.
- One practice interested in joining cohort 2 of collaborative practice.

STP update

- New roles in locality (CCG and WDDC) have meant work to establish partnerships whilst keeping momentum and enthusiasm. Key.
- Engaging with local Community Land Trusts, local third sector providers e.g. Dorset MIND, and academics e.g. King's college London
- Considering models for co-designed services and support in a particular rural community in the locality, examining models from elsewhere e.g. The Antrim and Newtownabbey Borough Council Health & Wellbeing Team for discussion at future Locality Health and Wellbeing group

4.27 Mid Dorset

- The Mid-Dorset 'Transformation Board' was established to support integrated working in the Mid Dorset Locality. As such, Board meetings provide an ideal platform for building cross-sectoral relationships.
- Discussions tend to be both focused and wide-ranging, with expert advice provided by invited speakers, as when the issue of how housing developments may impact of patient lists was discussed with planners from the local authority.
- It is the non-clinical input of the membership (which includes representatives from the PPGs) that effectively provides the balance between clinical and non-clinical priorities. The desire of all concerned to find this balance is perhaps best illustrated by the election of a non-clinician to the post of Deputy Chair.
- Overall the Board demonstrates how the transformation in service delivery that is taking place across Dorset is the result of good will, shared understanding and a absolute commitment to the aim of achieving the best possible outcomes for the health and wellbeing of the local population.
- GP Locality group health and wellbeing discussion focused on KOOTH and ChatHealth plus support from LWD re. staff health.
- Connected parish and town councils with potential national pocket park funding.
- Building awareness and training around LiveWell Dorset into developing early stroke discharge, diabetes transformation and frailty work supported by ICPCS investment.

Staff health and wellbeing

4.28 The thematic session of the Board will focus on staff health and wellbeing. It will outline the strategic commitment, insights work and training that is going on in this area and showcase case studies of approaches being offered.

Dorset Council

- 4.29 The council employee questionnaire highlighted that nearly a fifth of respondents didn't feel that their current organisation cared for their wellbeing. Taking this feedback on board, the council have worked to improve the wellbeing offer for employees of Dorset Council.
- 4.30 Colleagues have come together to look at the various wellbeing packages on offer across our current workplaces and have been exploring how these can be enhanced for Dorset Council employees. Part of this package gives access to talking therapies, including Cognitive Behaviour Therapy and Mindfulness-based-stress-reduction, all provided by our local NHS service, Steps 2 Wellbeing.

STP update

- 4.31 The service aims to provide individuals who are experiencing stress, anxiety or depression a better understanding of their difficulties and develop the skills to overcome them. The service will be available to all employees of Dorset Council and will be launched in April. If you think you may benefit from this service, look out for further details and how to make a referral on the [Wellbeing page of the Shaping Dorset Council intranet](#).
- 4.32 In addition, a counselling service will be available to all employees, together with workshops covering 5 Ways to Wellbeing and Stress & Resilience. Self-help information and resources are currently available on the [Shaping Dorset Council intranet wellbeing page](#) and advice and guidance can be accessed from the Employee Wellbeing team (employeewellbeing@dorsetcc.gov.uk).

Dorset County Hospital Foundation Trust

- 4.33 Last year the Trust refreshed their People Strategy with three strategic priorities; Workforce Deployment, Staff Development and Staff Wellbeing which are underpinned by a comprehensive communications and staff engagement programme.
- 4.34 The Hospital is committed to providing a healthy working environment and are developing a staff lead strategy to address work life balance, embedding programmes that promote physical and mental health & wellbeing.
- 4.35 Whilst recognising the cost pressures faced by the Trust, the Workforce Development Steering Group are working to address and influence the everyday factors that are impacting on staff health.
- 4.36 The Hospital used the NHS Employers Workforce Health & Wellbeing Framework as the backdrop to their strategy and the internal action plan monitors progress against the key strategic priorities in the People Strategy.
- 4.37 There has been much progress in the development of the programme this year, as it builds momentum. These include:
- A multidisciplinary Health & Wellbeing Steering Group set up to drive the strategy forward
 - Working closely with Public Health Dorset for local planning and engaging with organisations across the Dorset system
 - Listening Workshops for staff teams (Facilitated by Public Health Dorset)
 - Introduced Health & Wellbeing Champions
 - Staff Wellbeing Focussed Leadership Event
 - Relunched Employee Assistance Programme (EAP)
 - Created Health & Wellbeing Area on Intranet
 - Increased number of Freedom to Speak Up Guardians
- 4.38 Over the next six months the Trust will focus on developing wellbeing guidance for managers, embedding the role of champions, running inhouse wellbeing and resilience skills sessions for staff, improving ways staff are supported, improving the rest environment and launching the financial wellbeing service.

Dorset Health Care University Foundation Trust

- 4.39 With the newly appointed Senior Occupational Health Lead, Wellbeing Advisor and HR Director it was an opportunity for staff wellbeing to be a key priority with a fresh approach to their staff wellbeing offer. Last year the Trust used their NHS survey wellbeing results for community services to engage teams to find out more about their

STP update

wellbeing. The aim was to review what's working well, explore any barriers, and explore how the Trust could support improving wellbeing at work. A comprehensive staff event with over 100 people was held to launch the development of a new strategy for Health and Wellbeing, which focuses on a more person-centred approach to health at work, which has become the corner stone of the wellbeing programme for the organisation.

- 4.40 Senior management are champions for staff wellbeing at the Trust and a comprehensive and sustainable training programme is being set up as a coordinated approach to train all managers and frontline teams in wellbeing skills including Mental Health First Aid (MHFA) and Making Every Contact Count (MECC) to ensure these skills start to embed into working practice.
- 4.41 Dorset Health Care have reviewed traditional occupational therapy models and have rebranded theirs to a health and wellbeing model with a more holistic approach to enabling good staff health. These include future plans to develop a separate staff treatment service centre to support staff with their physical and mental good health including help with MSK support.
- 4.42 Other staff workforce wellbeing activities include:
- Director champions for developing wellbeing skills and fresh approaches to prevention at work for staff
 - Wellbeing Group set up with new terms of reference to drive the agenda forward
 - Appointed a network of peer health and wellbeing champions across the Trust
 - Occupational health staff trained in wellbeing skills to support staff
 - LiveWell Dorset on staff intranet sites to provide coaching support for lifestyle change
 - Reviewing availability for services about long term conditions and communicating to front line staff
 - Building wellbeing and healthy conversations into staff and student training programmes

5 RECOMMENDATION

- 5.1 Members are asked to note the update on the STP and progress on PAS; and to support ongoing work, within the Board and in their respective organisations and communities.
- 5.2 Members are asked to note their collective responsibility as a Health and Wellbeing Board for overseeing local delivery of the PAS portfolio especially within their local settings and communities.

Dr Jane Horne
Portfolio Director for Prevention at Scale
February 2019

Appendix 1: Successful Dorset applications through Whole School Approach

School	Potential reach	Theme
Broadmayne First School		Relax Kids
Cerne Abbas CE VC First School	56	Daily Mile: creative and SEND
Christchurch School Sport Partnership - The Grange School		My Personal Best Primary
Conifers Primary School	410	EHWB practitioners (integrate physical activity within this provision)
Henbury View First School	153	Phizifit cross-curricular programme
Loders CE Primary Academy		Playground buddy and school council development
Manor Park CE First School		Daily Mile: multi-purpose, creative Forest School
Motcombe Primary School	187	Forest School and Outdoor learning area Community and Staff wellbeing area
Mountjoy School	80	Multiple learning difficulty physical activity inclusion
Mudford Junior School		Outdoor fitness and SEN inclusion
Parley First School	305	Mindfulness
Powerstock CE VA Primary School	54	Physical Activity Zone development
Puddletown First School		Multi-purpose Walkand Talk area
Queen Elizabeth's School	1590	Mindfulness Yoga
Sandford St Martin's CE VA Primary School	405	Forest School
Sherborne Abbey Primary	340	Daily Mile: creative
Spetisbury Primary School (2)	150	Relax Kids Yoga Bananas
St Georges, Portand		Physical Activity coping strategy development
St Marks Primary Swanage and The Swanage School	523	Purbeck Youth Community Foundation programme KORU programme
St Mary's Catholic First School	149	Pilates
St Mary's Catholic Primary School		Outdoor Adventure (incorporating Forest Schools)
St Nicholas and St Laurence Primary School Weymouth	210	Outdoor Play and Learning programme
St Osmund's C of E Middle School		Tree climbing
St. Mary's C.E. Middle School (2)		Daily Mile: multi-purpose
St. Mary's C.E. Middle School (3)		Parent and Student physical activity club
The Abbey CE VA Primary School	190	Supported play (break times) for vulnerable groups
The Gryphon School	1568	SEN sensory activity space
The Priory CE VA Primary School	218	Start to Move programme
The Purbeck School	1007	Alloment development and multi-purpose space
Thornford CE Primary		Relax Kids
Twynham School (1)	1750	PE curriculum growth and development
Upton Infant School (In conjunction with Upton Junior School)		Maximising outdoor space
William Barnes Primary School		Daily Mile: multi-purpose
Wimborne First School	450	Allotment and reflection (multi-purpose activity space)